



Did you Know?

- Most people 65 and over live primarily in a private household.
- A large percentage of Canadian Seniors contribute some time each week as unpaid volunteers.
- The economic value of the volunteer work done by seniors supports the work of the community.
- Seniors are the largest per capita donors to charity.
- Over 50% of all people aged 65 and over engaged in activity outside of their home.

Volunteer Opportunities for all Ages!

- Council and Committee Members
- Special Events
- Fundraising
- Office Help
- Educators



Council on Aging Windsor- Essex County

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Council on Aging Windsor- Essex County

“Age is an opportunity no less than youth itself, though in another dress.”

H.W. Longfellow

www.councilonaging.ca

About Us

The Council on Aging is a senior-driven initiative that was founded in 1988 by a group of concerned citizens in the community. The Council provides seniors and service providers with a forum in which to examine and address issues on aging.

In order to ensure appropriate expertise, the Council on Aging, Windsor-Essex County consumer and professional boundaries.

The Council on Aging is a not-for-profit organization that depends on community donations and fundraising activities.

Mission Statement

“To act as a coordination, education, advocacy, and research body to enhance the quality of seniors’ lives in Windsor-Essex County.”

Goals

The Council aims to:

1. Assist in the coordination of services for seniors in Windsor-Essex County
2. Engage in community education on a wide variety of issues related to aging.
3. Engaged in “cause” advocacy on behalf of seniors on a wide range of social, economic, residential, health related and other relevant policy issues.
4. Encourage and facilitate research on aging in Windsor and Essex County.
5. Ensure the active participation of seniors from Windsor and Essex County in the realization of the above goals.

What we do

Community Education and Information

- We offer resources to help our community understand the aging process and the important role of older persons in the community.
- Through telephone, workshop and presentations.

Falls Prevention

- This program will provide seniors, caregivers and other health providers information and education about the prevalence of falls and fall risk management.